



Fitness & Trainers

Contact Name: _____

Primary Contact Phone: _____

Secondary Contact Phone: _____

Email Address: _____

Dates of Stay: Begin Date: _____ End Date: _____

Number of Guests: _____

In-house Training

Facility Training

Personal Training

Partner Training

Dates of Training

Monday

Wednesday

Friday

Tuesday

Thursday

Saturday

Sunday

Repeats Weekly (Mark if Yes)

Training Style

Fat Loss and Management

Optimal Performance

Fitness Bootcamp

Post Rehabilitation

Flexibility Training

Senior Fitness

Nutrition

Sports Performance

Other:

Additional Information:

Please complete the *Fitness & Trainers Inquiry* form to the best of your ability and email your completed form to Concierge@altezvacations.com or give us a call (941) 349-9580. An Altez Vacations representative will get in touch with you within 24 hours to discuss your specific needs and requests.